

Sources of Useful Information

HERE'S HOW TO:

Check the Parliamentary voting record of your MP, go to <https://www.theyworkforyou.com/> and enter your postcode to find your MP. Click on your MP. Scroll down a bit and click on 'full vote analysis page'. Scroll down to find 'How [your MP] voted on Environmental Issues'

Change your electricity/energy supplier

Go to <https://www.ofgem.gov.uk/information-consumers/energy-advice-households/switching-energy-tariff-or-supplier> or in your internet browser, search 'How to switch energy supplier and shop for a better deal ofgem' then scroll down and click on 'Switching tariff or energy supplier | Ofgem' and follow the instructions. MAKE SURE YOU CHOOSE A 100% RENEWABLE SUPPLIER such as Good Energy or Ecotricity

Move your money away from Fossil Fuels

The Big Five UK banks all invest their customers money (your money) in the fossil fuel industry. Go to <https://www.campaigncc.org/timetoswitch> and scroll down to 'move your money out of fossil fuels'. I think the best banks are Triodos <https://www.triodos.co.uk/> and Co-operative Bank <https://www.co-operativebank.co.uk/>

Reduce your carbon footprint at home

<https://energysavingtrust.org.uk/energy-at-home/>

Choose the most environmentally friendly products

Subscribe to Ethical Consumer magazine <https://www.ethicalconsumer.org/ethical-consumer-magazine>

'Just Have a Think, the Climate and Sustainable Energy Channel'

Brilliant 12-min videos published weekly providing a layman's guide to the climate crisis and actions to tackle it. Slightly technical but VERY well presented and explained.

Episode one <https://www.youtube.com/watch?v=7iazrwLr030&t=37s> or go to [YouTube](#) and search for 'Just Have a Think'

Meet emission reduction targets - what the world needs to do

Exponential Roadmap <https://exponentialroadmap.org/>

Project Drawdown <https://www.drawdown.org/>

Talk to people about Climate Change

Talk to colleagues, friends, and relatives using the method described in this fantastic 4min video <https://www.youtube.com/watch?v=UHPZw0zbHNE>

Or go to [YouTube](#) and search for 'Secret to talking about climate change – Dr Renee Lertzman'

ABOUT THE CLIMATE & ECOLOGICAL CRISIS

A powerful introduction from the BBC

7-min video <https://www.youtube.com/watch?v=dlsjcG7hTmo>

Brilliant introduction to climate change

Highly recommended 17-min talk by NASA scientist Dr Bruce Wielicki

<https://www.youtube.com/watch?v=YNfA7mDri4&t=319s>

Introduction to climate tipping points

5-min BBC video <https://www.youtube.com/watch?v=febBRv2Vftk>

Or go to [YouTube](#) and search for 'Tipping points, climate change the facts'

Climate change and tipping points – an Earth System Science perspective

Fascinating 42-min presentation by Prof. Will Steffen *'The Anthropocene: Where.. are we going?'*

It gets a bit 'sciency' here and there but stick with it. It's totally brilliant. Great finale too

<https://www.youtube.com/watch?v=HvD0TgE34HA>

If you only have 18 mins watch this version <https://www.youtube.com/watch?v=X1X4ldxXEwA>

Half a degree makes ALL the difference

Hard-hitting BBC 3-min video <https://www.bbc.co.uk/ideas/videos/how-half-a-degree-could-change-the-world-forever/p07mvstd?playlist=sustainable-thinking>

What three degrees of global warming looks like

16-min video from The Economist <https://www.youtube.com/watch?v=uynhvHZUOOo>

6th Mass Extinction Event – a brilliant introduction in only 6 minutes

<https://www.youtube.com/watch?v=z9gHuAwxwAs> or go to [YouTube](#) and search for 'Are We Living In the Sixth Extinction?'

Our ecological footprint

Prof. William Rees on our 'overshoot' within the Ecosphere. 25 mins. Very clearly explained

<https://www.youtube.com/watch?v=l73oIO8oG58>

How the way we live is fundamentally unsustainable

Prof. William Rees's brilliant keynote speech. 33 mins

https://www.youtube.com/watch?v=icNvhnFv_wg

Denial - how the fossil fuel industry blocks action on climate change

Introductory article <https://www.climateRealityProject.org/blog/climate-denial-machine-how-fossil-fuel-industry-blocks-climate-action>

Denial - rebutting global warming misinformation

Excellent website <https://skepticalscience.com/>

Why 'net zero' emissions targets are a scam

Well explained in this 13-min video <https://www.youtube.com/watch?v=62TubVzpiOw>

Do I need to stop eating meat?

BBC article <https://www.bbc.co.uk/news/explainers-59232599?fbclid=IwAR2zI72cgahulRgo39eod4N6ABHaQVSpiluNLdNtjjODZTYBcp6uVuGRp60>

How much does local meat help the environment?

Simon Clark's brilliant videos are fast-moving & packed full of facts! 6 mins
<https://www.youtube.com/watch?v=mmNcOCwtFeg>

3 strategies to beat climate change

Another great Simon Clark video – 10-mins, fast-moving & packed full of facts!
https://www.youtube.com/watch?v=GkbuV_a-rvs

The Jet Stream and how it affects our weather

This series of articles provides all the detail <https://skepticalscience.com/jetstream-guide.html>

HOW TO COPE

Eco Anxiety - what it is

The Climate Psychology Alliance website provides the definitive guide
<https://www.climatepsychologyalliance.org/>

How to turn climate anxiety into action

The brilliant Dr Renée Lertzman. 14 mins <https://www.youtube.com/watch?v=f52LJJFBCLc>

Adapting to the changes that are coming

Author of 'Deep Adaptation', Professor Jem Bendell addressing the European Commission. 22 mins
<https://www.youtube.com/watch?v=Ke1PCgiM3V4>

PROTEST GROUPS

Extinction Rebellion - <https://rebellion.earth/>

Schools Strike for the Climate - <https://www.fridaysforfuture.org/>

HOW TO ARRANGE ANOTHER TALK

Contact the creator of 'Climate and Ecological Crisis? What's all the fuss about?'
David Ramsden MBE – whatalotoffuss@gmail.com