

MY CLIMATE TICK LIST

Things I'm doing in response to the Climate and Ecological Crisis

- ☐ 90% of my savings/investments are ethical *e.g., with The Co-operative Bank*
- ☐ My current accounts and cards are with ethical banks *e.g., Triodos*
- ☐ 90% of my borrowing is ethical *e.g., with Nationwide Building Society*
- ☐ My electricity is 100% renewable *e.g., Ecotricity, Good Energy, or home produced*
- ☐ More than half my food is organic and/or locally grown
- ☐ I eat meat less than once a month
- ☐ I eat fish/seafood less than once a month
- ☐ My car is electric and/or I walk/cycle and use public transport
- ☐ I don't fly by jet or go on cruise ships
- ☐ My home is as well-insulated as possible
- ☐ My appliances have at least an 'A' energy rating
- ☐ I no longer use coal, petrol, diesel, natural gas, heating oil, or LPG
- ☐ I buy brand new clothes no more than once a year
- ☐ Every time I buy something, I choose the greenest affordable option
- ☐ When I choose who to vote for, my top priority is care of the natural world



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